

Women's results

<u>Position</u>	<u>Name</u>	<u>Vet</u>	<u>Club</u>	<u>Time</u>
1	Charlotte Brooks		East Essex Tri	26.01
2	Lindsey Coleman	Vet	Leigh Striders	28.16
3	Jackie Stretton		Nuclear Striders	28.29
4	Emily Giddines		Billericay Striders	28.38
5	Morgan Campbell (2CS)		Havering 90 Joggers	29.04
6	Addy Carter		Nuclear Striders	29.26
7	Danielle Robarts	Vet	Rochford RC	30.01
8	Karen Lea	Vet	Rochford RC	30.14
9	Robin Childs		RED Runners	30.36
10	Laura Wise	Vet	Pitsea RC	30.37
11	Eleanor Royce		Leigh Striders	30.46
12	Georgia Couzens (2CS)		Benfleet RC	31.02
13	Kelly Fletcher		Benfleet RC	31.12
14	Stephanie Miglioni		Leigh Striders	31.18
15	Anna Arthur		Nuclear Striders	32.02
16	Sarah Goodine	Vet	RED Runners	32.03
17	Jo Bolter	Vet	Leigh Striders	32.32
18	Clare Davis		Havering 90 Joggers	32.38
19	Rachel Hurst		Havering 90 Joggers	32.47
20	Mary Lloyd	Vet	Brentwood RC	32.52
21	Neve Gribble		Benfleet RC	33.07
22	Tamar Barclay	Vet	Nuclear Striders	33.09
23	Nicola Bradley	Vet	Nuclear Striders	33.20
24	Sam Alexander	Vet	Nuclear Striders	33.22
25	Mia Slessor		Leigh Striders	33.53
26	Kelly Unett	Vet	Castle Point Joggers	34.21
27	Jenny Bishop		RED Runners	34.24
28	Emma Jeffery		Benfleet RC	34.34
29	Dani Reeve		Leigh Striders	34.40
30	Victoria Emsley-Hanin		RED Runners	34.42
31	Kristina Read	Vet	Phoenix Striders	34.55
32	Sarah Griffiths		Leigh Striders	35.16
33	Fiona Walker	Vet	Leigh Striders	35.30
34	Jenny Chewter	Vet	Nuclear Striders	36.11
35	Ellie Mole	Vet	Havering 90 Joggers	36.14
36	Natasha Ford		Leigh Striders	36.23
37	Esther Wynn	Vet	Benfleet RC	36.43
38	Sallie Vanlint	Vet	Hockley Trail Runners	36.45
39	Nathalie Van Lagen	Vet	Nuclear Striders	37.02
40	Jane Yellop		Pitsea RC	37.10
41	Rahana Islam	Vet	Dagenham 88	37.23
42	Tedge King	Vet	Brentwood RC	37.43
43	Adele Hart	Vet	Nuclear Striders	37.49
44	Anne Gunn	Vet	Leigh Striders	37.58
45	Mel Green		Havering 90 Joggers	38.22
46	Christine Deacon	Vet	Billericay Striders	38.29
47	Lian Simmonds	Vet	RED Runners	38.31
48	Kim Holland-Todd	Vet	Leigh Striders	38.42
49	Joanne Ling	Vet	Billericay Striders	38.51
50	Melissa Gilmore	Vet	Havering 90 Joggers	38.54

51	Jo Pearce	Vet	Phoenix Striders	38.59
52	Hannah Horsburgh		RED Runners	39.16
53	Belinda Riches	Vet	Barking RR	39.20
54	Ruth Roberts	Vet	Phoenix Striders	39.24
55	Nikki Moughton	Vet	Billericay Striders	39.25
56	Deborah Hall	Vet	East Essex Tri	39.26
57	Vicky Wheelhouse		Nuclear Striders	39.38
58	Kerry Slessor		Leigh Striders	40.00
59	Christina Edwards	Vet	Castle Point Joggers	40.03
60	Lorraine Cowley	Vet	Billericay Striders	40.33
61	Lizzie-Beth Garraghan	Vet	Barking RR	40.37
62	Emily Young	Vet	Nuclear Striders	40.44
63	Victoria Hopkins	Vet	East Essex Tri	40.54
64	Teresa Uscategui	Vet	Brentwood RC	40.57
65	Sam Lee		RED Runners	41.07
66	Carla Nolan		RED Runners	41.25
67	Karen Ramsey		Castle Point Joggers	41.35
68	Ane Zabaleta Sanchez		Leigh Striders	41.51
69	Tina Burton	Vet	Castle Point Joggers	41.58
70	Joanne Colby	Vet	Rochford RC	42.01
71	Jo Sinfield		Pitsea RC	42.03
72	Michaela Slade		Nuclear Striders	42.10
73	Gemma Addy		Nuclear Striders	42.12
74	Karen Bateman	Vet	Nuclear Striders	42.13
75	Anne Hoeb	Vet	Castle Point Joggers	42.35
76	Carla Dodsworth	Vet	Leigh Striders	42.48
77	Eleanor Carmichael	Vet	Leigh Striders	42.54
78	Kate Flint	Vet	Havering 90 Joggers	42.55
79	Ruth Cooper-Dickson	Vet	RED Runners	42.58
80	Hannah Shean		East Essex Tri	43.04
81	Stephanie Whitwell	Vet	Rochford RC	43.44
82	Katie Darby	Vet	Pitsea RC	43.48
83	Sarah Spooner	Vet	Castle Point Joggers	44.27
84	Jessica Broad		Rochford RC	44.43
85	Lou Dugdale	Vet	Leigh Striders	44.56
86	Lesley Smart	Vet	Billericay Striders	44.58
87	Nikki Whittinon	Vet	Phoenix Striders	45.10
88	Dawanie Chuithong		RED Runners	45.11
89	Louise Maynard	Vet	Hockley Trail Runners	45.12
90	Nette Summers	Vet	Hockley Trail Runners	45.13
91	Jane Piper	Vet	Phoenix Striders	45.36
92	Cathy Salmon	Vet	Leigh Striders	45.40
93	Jacqui Wilson	Vet	Rochford RC	45.56
94	Megan Bahlmann		Nuclear Striders	46.00
95	Leilah McClay		Leigh Striders	46.07
96	Hayley Beecroft	Vet	Havering 90 Joggers	46.31
97	Linda Dutton	Vet	Rochford RC	47.15
98	Nicola Cranmer	Vet	Barking RR	47.17
99	Deborah Jean-Baptiste	Vet	Barking RR	47.26
100	Beth Gadlin	Vet	Pitsea RC	47.36
101	Louise Chappell	Vet	Barking RR	48.57
102	Emma Tangye	Vet	Havering 90 Joggers	49.08

103	Ali Hall	Vet	Leigh Striders	49.14
104	Jackie Ludlow	Vet	Havering 90 Joggers	49.26
105	Melissa Burke	Vet	Havering 90 Joggers	49.37
106	Rachel Morris	Vet	Havering 90 Joggers	49.42
107	Nicola Maslen	Vet	Phoenix Striders	50.28
108	Lorraine Borley	Vet	Phoenix Striders	50.49
109	Timi Veerasamy	Vet	Dagenham 88	51.04
110	Alison Ewers	Vet	Nuclear Striders	52.15
111	Jess Ellis		Leigh Striders	52.53
112	Beverley Markham	Vet	Castle Point Joggers	53.53
113	Sarah Hemsworth	Vet	Castle Point Joggers	53.54
114	Dawn Curtis	Vet	Barking RR	55.45
115	Caroline Smith	Vet	Rochford RC	56.04
116	Michelle Holman	Vet	Phoenix Striders	57.10
117	Shelley Edmeades	Vet	Rochford RC	57.39
118	Sam Dobie	Vet	Hockley Trail Runners	60.00
119	Vimala Ranggasami	Vet	Havering 90 Joggers	61.00
120	Rosemary Russell		Rochford RC	62.00
121	Wendy Brothers	Vet	Nuclear Striders	71.11
122	Chloe West		Leigh Striders	75.51
123	Zahra Akram		Barking RR	76.08